



**GOVERNMENT COLLEGE  
OF NURSING  
MEDICAL COLLEGE  
THIRUVANANTHAPURAM-695011**

**CALENDAR 2024-25**

Phone - 0471-2444290, 2528603, 2551147

Email - [nursingcollegetvpm@gmail.com](mailto:nursingcollegetvpm@gmail.com)

Website - [www.gcnt.kerala.gov.in](http://www.gcnt.kerala.gov.in)

**PERSONAL MEMORANDA**

Name : .....

Address (Off) : .....

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(Res) : .....

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Telephone No. (Off): .....(Res):.....

(Mobile) : .....

E-mail : .....

Guardian's Address and Phone Number

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.....  
.....

Blood Group.....

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# **GOVERNMENT COLLEGE OF NURSING, THIRUVANANTHAPURAM**

## **History & Development**

Government College of Nursing Thiruvananthapuram is at the threshold of an important milestone of its glorious completion of more than 50 years of excellence in the field of nursing education. Known for its academic merits, secular cosmopolitan environment, committed faculty, brilliant alumni and high sense of social responsibility, this pioneer institute has contributed significantly to the overall quality of health care in the state, country and abroad. This is the first institution in the state to start BSc Nursing and MSc Nursing courses and is now a PhD study centre too. The college offers courses in MSc Nursing, BSc Nursing, Post Basic BSc Nursing, Diploma (General Nursing and Midwifery) and Post Basic Diploma in Nursing. Our alumni are now successful professionals in all parts of the globe, bringing glory to their alma mater.

## **Milestones**

- 1943** - Started School of Nursing attached to General Hospital, Thiruvananthapuram.
- 1954** - School of Nursing shifted to Medical College campus
- 1960** - Diploma programme in Teaching and Administration of 11 months duration started at University level with an annual intake of 10 students.
- 1963** - School of Nursing upgraded to College of Nursing with the starting of Post Basic B Sc. Nursing for diploma nurses which was the first of its kind in South East Asia.

- 1972** - Four year Degree Programme in Nursing (BSc. Nursing) was started under Kerala University with an annual intake of 25 students on merit basis
- The present college building was inaugurated on 12th April 1972 by Dr. K. Balaraman Nair, the Director of Health Services.
- 1983** - Admission to B Sc. Nursing programme was made through common Medical and Engineering Entrance Examination of Kerala with 25 annual admissions, out of which 3 seats were reserved for male candidates.
- 1987** - Started Post Graduation Programme in Nursing, (M Sc. Nursing) in Medical Surgical Nursing speciality with an annual intake of four students and selection was based on merit.
- 1990** - M Sc. Nursing admission was made through Entrance Examination
- 1992** - B Sc. Nursing seat enhanced from 25 to 50 with 6 seats for boys
- 1996** - Post Graduation Programme in 3 more Nursing specialities (Child Health Nursing, Obstetrics & Gynecological Nursing & Community Health Nursing) started with 4 students in each.
- 1998** - Manpower Empowerment in Trauma Care in co-operation with Loma Linda University, USA was initiated.
- Started admission of male candidates to GNM Programme with an intake of 3 students.
- 1999** - Global Health Exchange Programme in Nursing with Karolinska Institute, Sweden started

- 2002** - Admission to B Sc. Nursing was made open for both boys and girls.
  - Faculty Exchange Programme under Linnaeus Palme (LPE) started with Karolinska University, Sweden.
  - Annual intake of B Sc. Nursing Students was enhanced from 50 to 60.
  - New syllabus for BSc. Nursing programme implemented with four year course with one year compulsory nursing service.
- 2004** - General Nursing & Midwifery Programme - Male candidates seats were enhanced from 3 to 6.
- 2005** - College of Nursing was recognized as a study centre for PhD in Nursing as part of National Consortium and Indian Nursing Council.
  - M Sc. Nursing seat enhanced from 16 to 28.
  - New Syllabus for General Nursing & Midwifery programme (3½ years including 6 months internship) implemented.
- 2006** - Faculty appointment made through Kerala Public Service Commission
  - Two Faculty and three M Sc. Nursing students visited Karolinska University, Stockholm, Sweden, as part of Linnaeus Palme Exchange Scholarship Programme.
  - One crore rupees was sanctioned under PMSSY Scheme for construction of PG Block.
- 2007** - College website launched.
- 2008** - Annual intake of B Sc. Nursing Students was enhanced from 60 to 75.
  - College of Nursing recognized as Research Centre under University of Kerala.

- 2010** - Post Basic B Sc. Nursing Programme restarted (seats - 30).
- B Sc. Nursing, Post Basic B Sc. Nursing & M Sc. Nursing programme affiliated to Kerala University of Health Sciences (KUHS).
- 2011** - One year Post Basic Diploma in Speciality Nursing programme started in four specialities, viz; Critical Care Nursing, Oncology Nursing, Nurse Midwifery Practitioner and Emergency and Disaster Nursing under Kerala Nurses and Midwives Council.
- 2014** - A Mutual Recognition Agreement (MRA) was made between Singapore Government and Government of India which recognized this college as an Institution of Higher Learning in Nursing Education along with three other prestigious institutions in India.
- 2015** - Syllabus for General Nursing & Midwifery course was amended. Duration of course was shortened to 3 years.
- Exchange programme in Nursing with West Chester University, Pennsylvania, USA, commenced.
- 2016** - Revised syllabus for BSc Nursing (KUHS) was implemented.
- Drawing and disbursing authority of the institution was shifted to Senior Superintendent and Principal as the Controlling Officer.
  - Admission for students from Jammu & Kashmir started under Prime Ministers Special Scholarship Scheme.
- 2017** - College website was modified as [www.gcnt.kerala.gov.in](http://www.gcnt.kerala.gov.in)
- 2018** - Institution was proposed for recognition as a centre for valuation under Kerala University of Health Sciences for under graduate programmes.



- 2019** - Institution recognized as a center for valuation camp under Kerala University of Health Sciences.
  - Institution recognized as a Ph.D center under Kerala University of Health Sciences.
- 2020** - Implemented revised syllabus for BSc Nursing (KUHS)
- 2022** - Golden Jubilee of BSc Nursing celebrated
  - Government College of Nursing, Thiruvananthapuram is selected for Mutual Recognition Agreement (MRA) on nursing between India and Singapore.
- 2023** - Post Graduation program in Mental Health Nursing speciality started with 8 seats
  - An additional 100 seats were sanctioned for B.Sc Nursing Course in the academic year 2023-24.

### **Philosophy**

Nursing is a profession with continuous growth and expansion of knowledge. The faculty, College of Nursing believes that Nursing is a scientific problem solving process based on the holistic concept of health care, directed towards rendering quality care to the patients with commitment and compassion. The professional nurse has a major role in the promotion of health, prevention of illness and rehabilitation of the individuals, families and community. The qualified graduates and post graduates of nursing programmes are equipped with knowledge, skills and right attitude to function as a care provider, educator and manager in a variety of settings. We also believe that nursing education contributes to the development of the student as an individual, responsible citizen and a prospective member of the society who will uphold the dignity and sanctity of the profession.

## **Administration**

Government College of Nursing, Thiruvananthapuram is a full-fledged institution under the Directorate of Medical Education. The Principal is the administrative head of College of Nursing who is responsible to the Director of Medical Education and Joint Director of Nursing Education. The administration and internal management of the college is vested on the Principal who is assisted by the Vice Principal, Professors and the office staff.

### **The faculty position is as follows:**

| <b>Designation</b>            | <b>Sanctioned Strength</b> |
|-------------------------------|----------------------------|
| Principal                     | 1                          |
| Professors                    | 2                          |
| Associate Professors          | 7                          |
| Assistant Professors          | 30                         |
| Junior Lecturers              | 15                         |
| <b>Office Staff</b>           |                            |
| 1. Senior Superintendent      | 2                          |
| 2. Senior Clerk/ Clerk        | 7                          |
| 3. Clerk Typist               | 1                          |
| 5. Office Attendant           | 4                          |
| 6. Librarian                  | 2                          |
| 7. JLA                        | 1                          |
| 8. Driver                     | 2                          |
| 9. Housekeepers               | 2                          |
| 10. Hospital attendant Gr. I  | 3                          |
| 11. Hospital attendant Gr. II | 11                         |
| 12. Cook                      | 6                          |
| 13. Part - time sweepers      | 7                          |

## COURSES OFFERED

1. **M Sc. Nursing** - Based on *earn and learn philosophy* since it is a stipendiary programme
  - The candidate should be a Registered Nurse and Registered Midwife with Kerala Nurses and Midwives Council.
  - The minimum educational requirement is the passing of regular degree course in Nursing – (BSc. Nursing / BSc. (Hons). Nursing / Post Basic BSc. Nursing), with minimum of 55% aggregate marks, in an institution which is recognized by Indian Nursing Council.
  - Minimum one year of experience after Basic B.Sc. Nursing or One year compulsory nursing service/ internship after successful completion of four year B Sc. Nursing can be considered.
  - Minimum one year of experience prior or after regular Post Basic BSc. Nursing.
  - Candidate should be medically fit.
  - The duration of course is 2 years.
  - Selection of candidates is based on the entrance examination conducted by Commissioner of Entrance Examinations, Kerala
  - There are Five Nursing specialties with 8 seats each for Medical- Surgical Nursing, Child Health Nursing and Community Health Nursing, Mental Health Nursing and 7 seats for Obstetrics and Gynaecological Nursing, with total annual admission of 39 students.
  - On completion of the course one year bonded obligation to work as Junior Lecturer in the institution is available on stipendiary basis.

## 2. B Sc. Nursing

- The minimum age for admission is 17 years.
- Educational requirements
  - A pass in Higher Secondary School Certificate Examination (10+2) or its equivalent.
  - Schooling from a recognized board or university with science (Physics, Chemistry, Biology) and English with minimum of 50% aggregate marks.(as per INC norms)
- Candidate should be medically fit.
- Duration of the programme is four years. On completion of course one year compulsory nursing service with stipend in the affiliated institution is given which is considered as clinical experience.
- Admission is given for 90 students annually and 8 students under Prime Ministers Special scholarship scheme. Additional 100 seats is sanctioned from 2023-24 academic year in Annexe of Govt. College of Nursing, Thiruvananthapuram
- Revised syllabus introduced from 2021-22 onwards (Credit based semester system) Ref : [www.kuhs.ac.in](http://www.kuhs.ac.in)

## 3. Post Basic B Sc. Nursing

- The minimum educational requirement is a certificate in General Nursing and Midwifery and registered as RNRM with the Kerala Nurses & Midwives Council Registration.
- Candidates should be medically fit.
- The duration of course is 2 years. (2<sup>nd</sup> year onwards candidates are eligible for stipend)
- Admission is given for 33 students annually.  
Syllabus Ref : [www.kuhs.ac.in](http://www.kuhs.ac.in)

#### **4. General Nursing & Midwifery**

- The minimum age for admission is 17.
- Educational requirements:
  - Pass in Plus 2 or equivalent examination conducted by Govt. of Kerala or by any of the Universities of Kerala with Physics, Chemistry and Biology as optional subjects and English with 40% aggregate marks. 10+2 with ANM course from schools recognised by INC is also eligible for admission
- Admission is reserved for SC/ST candidates only.
- Student should be medically fit.
- Students qualified in 10+2 Arts or Science examination or Health care Science - Vocational stream ONLY conducted by National Institute of Open School with 40% marks are eligible.
- Duration of course is 3 years.
- Annual admission is given for 30 students out of which 6 seats are reserved for male candidates.

Syllabus refer : [www.knmc.org](http://www.knmc.org)

#### **5. Post Basic Diploma in Specialty Nursing (Stipendiary Course)**

Admissions to the courses (except for the Service candidates) are regulated based on merit assessed by their marks in General Nursing and Midwifery Programme/B.Sc. Nursing Programme/Post Basic Nursing programme.

The selection of candidates under Service Quota will be strictly based on their seniority and eligibility as on the last date for submission of application form.

The duration of course is one year.

Annual intake is 40 students (10 in each speciality)

14 Govt. Nursing College, Thiruvananthapuram

- Oncology Nursing 10
  - Emergency & Disaster Nursing 10
  - Critical Care Nursing 10
  - Nurse Practitioner in Midwifery 10
- Syllabus refer : [www.knmc.org](http://www.knmc.org)

## **PHYSICAL FACILITY OF THE COLLEGE**

**Main block** of College of Nursing, Thiruvananthapuram is a four storied building.

Ground Floor - Principal's office, Vice Principal's room, two conference halls and College office.

First Floor - Pre-clinical laboratory, Nutrition lab, Class rooms and Faculty rooms.

Second Floor - Faculty rooms, Class rooms and Examination Hall. Multipurpose Hall cum Auditorium.

Third Floor - KUHS Exam Hall

Labs - Advanced Nursing Practice lab and community Health Nursing Lab

### **P.G. Block**

Ground Floor – Class room, Learning Resource Centre (LRC), faculty rooms

First floor- PG class rooms, OBG and Child health Labs

Second floor – Library

### **New block**

Ground floor – Vehicle shed and driver's room

First floor – Class rooms

Second floor – Class rooms

### **Annex**

Class room and faculty room

**Clinical Facilities**

| <b>Sl.</b> | <b>Institutions for clinical practice</b>  | <b>Phone Number</b> |
|------------|--|---------------------|
| 1.         | Medical College Hospital,<br>Thiruvananthapuram<br>E-mail-principal@tmc.kerala.gov.in  | 0471 -2528386       |
| 2.         | Sree Avittam Thirunal Hospital,<br>Thiruvananthapuram  | 0471-2528302        |
| 3.         | Sree Chithra Thirunal Institute for<br>Medical Sciences & Technology<br>(SCTIMST), Thiruvananthapuram<br>E-mail- sct@sctimst.ac.in | 0471-2443152        |
| 4.         | Regional Cancer Centre (RCC),<br>Thiruvananthapuram.<br>E-mail- rcctvm.gov.in  | 0471-2522210        |
| 5.         | Regional Institute of Ophthalmology,<br>Thiruvananthapuram.<br>E-mail-riotvpm@gmail.com  | 0471-2304046        |
| 6.         | Mental Health Center, Peroorkada,<br>Thiruvananthapuram<br>E-mail- mhctvpm@gmail.com   | 0471-2435639        |
| 7.         | Institute of Respiratory Medicine,<br>Pulayanarkotta   | 0471-2442041        |
| 8.         | Integrated FHC Pangappara,<br>Thiruvananthapuram   | 0471- 2418038       |
| 9.         | Community Health Centre,<br>Puthenthoppu and other Community<br>Health Centres in Thiruvananthapuram                               |                     |

### **Research Centre:**

Research unit of this college is based on specified objectives to strengthen the scientific body of knowledge of professional nursing. The unit has scientific activities like journal club, conferences and scientific meets. The College publishes a quarterly peer reviewed journal. “Journal of Nursing Updates”.

### **SBMR funded projects:**

State Board of Medical Research is providing financial assistance for holding continuing medical education programmes, seminars, symposia and workshops on topics relevant to health problems of the state. Grants are sanctioned to the faculty for conducting research projects and a few faculty members are doing projects under SBMR.

### **National Consortium:**

National Consortium for PhD Nursing or PhD consortium has been constituted by Indian Nursing Council in collaboration with Rajiv Gandhi University, Karnataka, for the faculty of nursing to promote doctoral education. Government College of Nursing, Thiruvananthapuram, is a recognized research centre under INC National Consortium. Video conferencing facilities are provided for PhD scholars at the conference hall of this college.

### **Library**

The college has its library with a collection of more than 11396 books. It has 450 plus theses, 5 international journals and 10 National journals. The library provides Xerox and internet services to students and faculty. Persons from other institutions and colleges are permitted to use library, by paying Rs.100 per day, provided they should bring credentials to prove their identity.



## **Transportation**

One 40 seater bus, one 32 seater bus and a Mahindra Xylo are available for transportation of students to clinical & community practice areas outside the campus.

## **HOSTEL**

A separate hostel building is available for girls within the campus and out pass timing will be as per rules (GO31/2023/H&FW dated 30.1.2023). Male students are accommodated in men's hostel of Medical College. Male students of General Nursing & Midwifery course are presently accommodated at PIPMS hostel in the Medical College campus.

## **Student Welfare Activities**

- ❖ Student support and guidance programme (SSGP)
 

SSGP has been initiated by KUHS for the purpose of giving guidance and counseling services for the students for their academic problems and learning needs, personal and social issues, adolescent issues and health problems.
- ❖ Health record for individual student is maintained which is designed to contain a summary of the student's previous medical history and a complete record of his/her health during the period of study.
- ❖ Guidance and counseling for students are provided by the teaching faculty. Personality development programmes are organized from time to time. Co-curricular training programmes are conducted periodically.
- ❖ Observation of various days of national importance, conducting educational and cultural programmes and social awareness programmes are activities done by the student bodies. College day and other festivals such as Onam,

Christmas etc. are celebrated in the college to facilitate cultural and recreational activities.

**Scholarships : A student is permitted to avail only one scholarship at a time in an academic year.**

**1. Merit Cum Means Scholarship:**

**Post Metric Scholarship for SC/ST/OEC Students:** Students belonging to SC/ST/OEC communities are eligible for this scholarship irrespective of annual income. Details can be accessed from the website [www.e-grantz.kerala.gov.in](http://www.e-grantz.kerala.gov.in)

**CH Muhammed Koya Scholarship :** The Government of Kerala offers scholarships to girl students belonging to the Muslim Community or Latin Catholic Community or Converted Christians (Scheduled Caste Velar Community), studying in Government/ Government Aided Institutions for Under Graduate Programmes, in the first year of the course. The scheme has Scholarships and Hostel Stipends. Applicant should have secured at least 50% marks in the qualifying Examination. The annual income of the family should be below Rs.2,50,000/-The details are available in [www.momascholarship.gov.in](http://www.momascholarship.gov.in)

**2. KUHS Studentship scholarship** is available for first year students of undergraduate programmes who have acquired admission in government merit quota in university accredited institutions and has annual income less than Rs. 50000/-.

**3. E-grants** is available for SC/ST/OEC students and for economically backward students who belong to forward community.

**Stipend**

Post Graduate students who have studied M Sc. Nursing in Government Nursing colleges of Kerala and successfully completed the course can work as Junior Lecturer in any of the

Government Nursing colleges for one year. They are eligible for a stipend of Rs. 25,500 per month.

M Sc. Nursing students are eligible for stipend of Rs. 17,500 per month during their study period on executing a bond to the effect that they will serve the government for a period of one year after the successful completion of the course.

Post Basic Nursing students are eligible for a stipend of Rs. 8000 per month during their 2nd year.

Post Basic Diploma in Speciality Nursing students are eligible for a stipend of Rs. 7000 per month.

### **Award and Endowment**

Awards are given by various professional organizations like SNA & TNAI, Alumni Association, KGCNTA & KBNSA for Rank holders & for Best outgoing students.

**PTA Award** : Gold Medals for the overall 1<sup>st</sup> rank holders of GNM, BSc. Nursing and M Sc. Nursing, Post Basic BSc. Nursing and Post Basic Diploma courses are offered by PTA.

**Sree Nidhi Award** is a cash award sponsored by 10<sup>th</sup> batch BSc. Nursing alumni of Government College of Nursing, Thiruvananthapuram, in memory of their class mate and former faculty of this college Mrs. Sree Nidhi.M. The award is given to the first year GNM student who scores the highest mark for Psychology theory exam in council examination.

### **COMMITTEES AND ASSOCIATIONS**

#### **1. Standing Committees**

The standing committees are constituted for the proper functioning of the Academic and co-curricular activities. The various standing committees functioning in the college are as follows:

##### **a. Curriculum Committee**

The Committee undertakes the overall planning of all the

activities of students of each year, which include theory classes, clinical postings, observation visits, sessional exams and co- curricular activities. The Committee consists of Principal, Faculty and PTA executive members.

**b. Library Committee**

The Library Committee aims at promoting equitable access to all information resources. The Committee has the responsibility of recommending, selecting and purchasing books and journals for the library. The Committee consists of Librarian, Faculty and student representatives.

**c. College Management Committee**

This Committee aims at quality maintainance. It also coordinates and supervises both academic and non-academic programmes. Develops an action plan for the academic year and forwards suggestion and recommendations in important areas related to need -based academic programmes and improvement of infrastructure facilities. It gathers proposals from various departments and monitors the implementation of the proposals.

**d. Social Committee**

The Social Committee establishes cordial relations with the media and other agencies and thereby ensures the goodwill and support of the community. It organizes educational and cultural programmes in collaboration with various departments and organizations both inside and outside campus.

**e. Anti-Ragging Committee**

Ragging is prohibited within the campus and an Anti-Ragging committee is constituted with Principal as the Chairperson, professors and all class teachers are the members of the committee. College Union Chairman and student representatives are also members of the Committe.

On admission, a signed declaration is obtained from all students regarding anti- ragging. Anti- ragging classes are given to all students by KELSA panel and officers of police departments. Signed anti – ragging declaration is also obtained from all students each year.

Anti- Ragging squad is present in both college and hostel. Faculty members are responsible for anti- ragging duty in college and in hostel. The anti- ragging duty is vested on assistant warden, housekeepers, hostel secretary, mess secretary and class representatives.

**f. Discipline Committee**

The Discipline Committee is in charge of ensuring a campus congenial to study. It consists of faculty members and student representatives including NSS and Union.

**g. Research Committee**

The Research Committee scrutinize the research proposals submitted by postgraduates and PhD scholars for research studies.

**h. Institutional Human Ethics Committee**

This is an Independent body constituted with Nursing and Medical, scientific and non-scientific members. This committee reviews the research proposals and protects the safety and wellbeing of human subjects involved in the study.

**i. Faculty Development and Continuing Nursing Education (CNE) Cell**

The faculty of this college is provided with opportunities for attending various workshops, seminars, conferences and also for research paper presentations, organized in this college and various institutions/agencies in and outside the state. Faculty development programmes are conducted every month. The programme aims at updating the knowledge of

teachers with recent advances in Nursing, Medical and allied fields.

**j. Antinarcotic cell**

Antinarcotic cell conducts awareness programmes periodically regarding illeffects of drug use and its preventive strategies.

**k. Office Staff Welfare Committee**

The Government procedures and proceedings, establishment, academic work, accounts and audit of this college are being conducted in an exemplary manner by a well-functioning office. Regular meetings are held on a monthly basis for the smooth running of academic and administrative functioning under the chairmanship of principal.

**l. Guidance and Counseling Committee**

**m. Women Redressal Committee**

**2. PTA**

The PTA, College of Nursing, Thiruvananthapuram aims to foster and promote good relationship among the parents, teaching staff and students. The PTA functions to create a keen interest in the members for the smooth working and progress of the college and for maintaining good discipline and high academic standards. The parents of all the students of the College are members of this association. The PTA renders support in all endeavors of the college.

PTA financially supports in various activities like maintenance work of College and Hostel and appointing security and other staffs for College and hostel.

**3. Kerala Government Collegiate Nursing Teacher's Association (KGCNTA)**

This association directs its activities to keep up the standard

of nursing profession and boost up the morale of its members to be at par with other professions.

## **STUDENTS' ORGANIZATIONS**

### **1. Students Nurses Association (SNA)**

SNA is the professional organization of the nursing students at the National level. A wide variety of professional, social, cultural and recreational activities are conducted to strengthen the curricular and co-curricular skills of the students.

#### **Activities;**

1. Organize meetings and conferences
2. Conducts sports and cultural competitions at unit, zonal, state and national level.
3. Conducts scientific paper presentations.
4. Gives awards, prizes and scholarships
5. Members of SNA can join Trained Nurses Association of India at a concessional rate on completion of the course.

**Membership fee:** BSc Nursing- Rs. 2000/-, GNM- Rs. 1500/-

### **2. Kerala Govt. Students Nurses Association (KGSNA)**

It is the association of the General Nursing and Midwifery students in the Govt. sector. It is affiliated to KGNA. KGSNA also conducts state level conferences and arts and science competitions for its members. The association also conducts quiz programmes, medical exhibitions, and other charity works (Drug bank for poor patients, Blood donation forums etc.)

### **3. Kerala B Sc. Nursing Students Association (KBNSA)**

KBNSA is the state level organization of B Sc. Nursing students of the Government Nursing Colleges in the State. The Association aims to promote a co-operative spirit among students and to uphold the dignity and honour of the profession. KBNSA organizes educational co-curricular activities, annual

conferences, inter collegiate meets and gives awards/prizes to the students, for the overall development of the students.

### **Membership fee - Rs. 2000/-**

#### **4. National Service Scheme (NSS)**

It is an active organization in college which was inaugurated in 2006. The overall aim of NSS is to orient the student youth to community service while they are in their educational institutions itself. The motto is “NOT ME BUT YOU”. NSS volunteers of this college conduct various community oriented programmes such as medical camps, educational sessions, street drama, health exhibitions etc. They also observe the days which have international and national importance. NSS volunteers under the guidance of the programme officer, organize different programmes in the college such as quiz, debate, symposium etc.

#### **5. Kerala Nursing Post Graduate Association (KNPGA)**

KNPGA is a state level organization of post graduate students studying in Government Nursing Colleges in Kerala, under Directorate of Medical Education. It was established in year 2014. KNPGA was formerly known as PGNSA. The association aims to promote a co-operative spirit and professional enthusiasm in its members. KNPGA conducts various curricular and co-curricular activities such as continuing nursing education, workshops, mock M.Sc Nursing entrance examination for MSc aspirants.

#### **6. Students Union- Kerala University of Health Science**

The University Students Union functions under the Kerala University of Health Science. The elected representatives of the Students Union and Students Union Advisor takes initiatives in conducting programmes in the college like College day, Arts and Sports events and Academic programmes aimed at the overall development of the students. Membership fee : 2000







## **ASSISTANT PROFESSORS**

- 1. Mrs. Prathibha Rani SK**                      **Nursing Education & Administration**  
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- 2. Dr. Athirarani. M.R**                      **Community Health Nursing**  
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- 3. Mrs. Lekshmi AS**                      **Obstetrics & Gynaecological Nursing**  
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- 4. Mrs. Suja J S**                      **Medical Surgical Nursing**  
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- 5. Mrs. Sneha Leeza V.L.      Medical-Surgical Nursing**  
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- 6. Mrs. Priya J.R                      Medical-Surgical Nursing**  
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9447752031, 0471-2222132
- 7. Mrs. Sreeja S A                      Child Health Nursing**  
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### **PTA Executive Members- FACULTY**

|                 |   |            |
|-----------------|---|------------|
| Patron          | <b>Prof Sreedevi Amma C</b><br>Principal  | 9495192481 |
| President       | <b>Mr. Shanavas P J.</b>                  | 9745195967 |
| Vice president  | <b>Mrs. Shyni</b>                         | 7994766104 |
| Secretary       | <b>Mrs. Sreeja SA</b><br>Asst Professor   | 9446913894 |
| Joint Secretary | <b>Mrs. Shahana SJ</b><br>Asst. Professor | 7902687631 |

|           |   |            |
|-----------|---|------------|
| Treasurer | <b>Dr. Stella Jose</b><br>Assistant Professor | 9526061619 |
|-----------|---|------------|

### Parent Representatives

|                                 |                            |            |
|---------------------------------|----------------------------|------------|
| II Year M. Sc Nursing           | <b>Mr. Sibi Mukesh</b>     | 9400036200 |
|                                 | <b>Mr. Sureshkumar</b>     | 9496112939 |
| I Year M. Sc Nursing            | <b>Mrs Leena S</b>         | 9074607509 |
|                                 | <b>Mrs Sudha T</b>         | 9633242800 |
| II Year Post Basic B.Sc Nsg.    | <b>Mr. Sarath Chandran</b> | 9447321661 |
|                                 | <b>Mr. Anilkumar Nair</b>  | 9447006236 |
| I Year Post Basic B.Sc Nsg.     | <b>Mrs Anithakumari</b>    | 8281768578 |
|                                 | <b>Mr Prasad</b>           | 9447856728 |
| IV Year BSc Nursing             | <b>Mrs. Manjusha S</b>     | 8086738482 |
| III Year BSc Nursing            | <b>Mrs. Biji</b>           | 9847861629 |
| II year BSc Nursing             | <b>Mr. Sibimon PM</b>      | 9745058233 |
|                                 | <b>Mr. Saji ET</b>         | 9847632874 |
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|                                 | <b>Mrs Thara R J</b>       | 9447444589 |
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|                                 | <b>Mr Vasavan</b>          | 9745199728 |
|                                 | <b>Mr. Hamsa A</b>         | 9074208443 |

|  |                              |            |
|--|------------------------------|------------|
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| III year GNM                             | <b>Mrs. Raji V</b>           | 9995274939 |
| II year GNM                              | <b>Mrs. Sunithakumari D</b>  | 8089628389 |
| I Year GNM                               | <b>Mrs. Mini B</b>           | 8606311325 |

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|  |                               |             |
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| I Year M. Sc Nursing                     | <b>Mrs. Reena A Thankaraj</b> | 97459 95839 |
| II year Post Basic BSc Nursing           | <b>Mrs Seena B</b>            | 9446182885  |
| I year Post Basic BSc Nursing            | <b>Mrs Aneesa S A</b>         | 9961615959  |
| IV Year B.Sc Nursing                     | <b>Mrs.PratibhaRani S K</b>   | 9447126679  |
| III Year B.Sc Nursing                    | <b>Mrs. Sreeja S A</b>        | 8547475708  |
| II Year B.Sc Nursing                     | <b>Mrs.Priya J R</b>          | 9447752031  |
| I Year B.Sc Nursing (Main block)         | <b>Dr Stella Jose</b>         | 9526061619  |
| I Year B.Sc Nursing(Annex)               | <b>Dr Aswathy K L</b>         | 9846885280  |
| III Year GNM                             | <b>Mrs.Lekshmi AS</b>         | 9567258166  |
| II year GNM                              | <b>Mrs.Meeraleshmi G</b>      | 9207306340  |
| I Year GNM                               | <b>Mrs.Saira George</b>       | 9446913894  |
| Post Basic Diploma in Speciality Nursing | <b>Mrs.SnehaLeeza V L</b>     | 7306864165  |



## DISCIPLINE AND RULES

### 1. General Discipline:

- Working hours: The class and clinical hours are 8 am to 4 pm for all students except M Sc. Nursing students, whose duty hours is from 7.30 am to 7.30 pm.
- Students are obliged to observe order and silence at all times in the college especially during working hours.
- Students are forbidden to address higher authorities or Government directly. Communication intended for higher authorities must be submitted through Principal, College of Nursing who will forward them if he/she considers it desirable.
- Students are forbidden to take part in political agitation against the college authority or the government. Students are prohibited from organizing any meeting or entertainment at the college, or collecting money for any purpose within the college premise, without the permission of the college authority.
- Student found guilty of going over to other colleges to take part in acts of indiscipline such as organizing demonstration and strike would be deemed to be punished accordingly.
- Students are forbidden to affix posters, display materials and other articles on the walls of the college building and its premise without prior permission.
- Students should wear identity card in the campus.

### 1. Rules related to Attendance, Leave or Absence:

- Students should be punctual for classes & practical and clinical work.

- Students are expected to assemble in the classroom '5' minutes before the beginning of the class when the attendance will be taken and absence of any students noted.
- No students shall be absent from class unless such absence is satisfactorily explained. Leave application should be submitted before availing the leave and should state clearly the ground for the leave, number of days and the dates for which leave is required
- If for unavoidable circumstances, leave cannot be obtained in advance, the reason should be explained at the earliest opportunity available.
- 80% attendance in theory and practical is mandatory for appearing for the university examination and 100% for clinicals for the completion of the course.

## **2. Library rules**

- Library will be kept open from 10 am to 5 pm on all working days.
- Library is for the use of students and staff of this college.
- Personal belongings and lab coats are not permitted inside the library.
- PG students are eligible to take 3 books, BSc Nursing, Post Basic BSc, GNM and Post Basic diploma students are allowed to take 2 books.
- Books are issued for the students for the period of one month and a renewal period of one month. For faculty books are issued for two months and books to be renewed after one month.

- Fine of Rs 1 per day will be collected for returning of books after due date.
- Do not use mobile phone in library.
- Maintain silence inside the library.
- If any book is lost or damaged it should be replaced with the latest edition or the cost of the damaged book will have to be paid by the borrower.
- Borrower should return the books by themselves.

### **3. Hostel Rules**

Girls Hostel is under the control of Principal and managed by the Assistant Warden , who is assisted by a team consisting of student representatives, housekeepers, cooks and cleaners.

- Inmates should keep their room clean the room doors; mess hall etc. should not be disfigured by writing or sticking posters.
- Shouting, reading aloud and other such acts likely to cause disturbance to others should be avoided at all times.
- All members are expected to be in the hostel by 9.30 pm. They should study and sleep in their own rooms only.
- Members are not allowed to remove any articles or furniture, fittings, lights etc.
- Any damage to the hostel property shall be immediately reported to the Assistant Warden. The cost of the damage will be recovered from the individual who is responsible. If the person could not be identified, the members of the concerned room will be held responsible for the same.

- Members are not permitted to conduct meetings of any sort anywhere in the hostel or its premises without the Assistant Wardens permission.
- There shall be an executive committee of inmates consisting of Principal, Assistant Warden, Hostel secretary, mess secretary and representatives of inmates. The executive committee shall meet once in every month. The general body will be conducted as and when necessary and should be attended by all inmates
- No member shall take active part in political meetings, processions, or propagandas. Violation of this rule will lead to immediate expulsion from the hostel
- Members are forbidden from ill treating or misbehaving with any of the hostel employees.
- Students should take permission from Assistant Warden for out pass and to go home.
- No students shall be absent from hostel for any night without obtaining the permission.
- Fine will be charged for untidy rooms.
- Day and night roll call register is maintained and housekeeper is authorized to take roll call. Inmates should physically report for roll call and sign in the register.
- All correspondence regarding the hostel should be made through the Assistant Warden
- Misconduct or breach of any of these rules will render the offenders liable to fine, suspension or even dismissal from the hostel.
- Members are strictly advised not to leave money or valuables in the rooms. Hostel authorities will not be responsible for any loss.

- No unauthorized person will be allowed within the hostel premises.

#### 4. Dress code/Uniform

- All students shall come to the college properly, in neat and formal dress(half/full sleeves). Students have to wear prescribed uniform while they are on duty in the clinical areas.

#### Model of the new uniform

| Sl. No. | Specification                        | Requirements                                  |
|---------|--------------------------------------|---|
| 1.      | Scrub suit                           | Top (with V neck) and Pants                   |
| 2.      | Length of the Scrub top              | Up to mid-thigh                               |
| 3.      | Position of the pocket in Scrub suit | Top- both sides-at the level of lower abdomen |

#### Colour pattern of the new uniform

| Sl. No. | Course  | Colour      |
|---------|---|-------------|
| 1.      | B.Sc. Nursing                                   | Navy blue   |
| 2.      | M.Sc. Nursing                                   | Pista Green |
| 3.      | Compulsory Nursing Service                      | Grape Wine  |
| 4.      | Post Basic B.Sc. Nursing                        | Deep teal   |
| 5.      | Post Basic Diploma Courses in Specialty Nursing | Frog green  |
| 6.      | General Nursing & Midwifery                     | Coral blue  |

## **NURSING CODE OF ETHICS**

*International Council of Nurses (ICN)*

### **Ethical concepts applied to Nursing**

The fundamental responsibility of the Nurse is fourfold: to promote health, to prevent illness, to restore health and to alleviate sufferings.

The need for Nursing is universal. Inherent in Nursing is respect for life, dignity and rights of man. It is unrestricted by considerations of nationality, race, creed, color, age, sex, politics or social status.

Nurses render health services to the individual, the family and the community and co-ordinate their services with those of related groups.

### ***Nurses and people***

- The Nurse's primary responsibility is to serve those people who require nursing care.
- The Nurse, in providing care, promotes an environment in which the values, customs and spiritual beliefs of the individual are respected.
- The Nurse holds confidence in personal information and uses judgment in sharing this information.

### ***Nurses and Practice***

- The Nurse carries personal responsibility for nursing practice and for maintaining competence by continual learning.
- The Nurse maintains the highest standards of nursing care possible within the reality of a specific situation.

- The Nurse use judgment in relation to individual competence when accepting and delegating responsibilities.
- The Nurse when acting in a professional capacity should at all times maintains standards of personal conduct which reflect credit upon the profession.

### ***Nurses and Society***

- The Nurse shares with other citizens the responsibility for initiating and supporting action to meet the health and social needs of the public.

### ***Nurses and the Co-workers***

- The Nurse sustains a co-operative relationship with co-workers in Nursing and other fields.
- The Nurse takes appropriate action to safeguard the individual when his care is endangered by co-worker or any other person.

### ***Nurses and profession***

- The Nurse plays the major role in determining and implementing desirable standards of nursing practice and Nursing education.
- The Nurse is active in developing a core of professional knowledge.
- The Nurse, acting through the professional organization, participates in establishing and maintaining equitable social and economic working conditions in nursing.

## **NURSE'S PLEDGE**

“I solemnly pledge myself before God and in the presence of this assembly to practice my profession with dedication.

I will serve mankind with love and compassion recognizing their dignity and rights irrespective of colour, caste, creed, religion and nationality.

I will endeavor to update the knowledge and skill to uphold standard of nursing care to individual, family and community in all setting and in all aspects of holistic care as a member of the health care team.

I will hold in confidence personal matters of my clients committed to my care and help them to develop confidence in care rendered by me.

I will refrain from any activity that will harm my personal and professional dignity as a Nurse.

I will actively support my profession and strive towards its advancement.

I will fulfill my responsibilities as a citizen and encourage change towards optimum care.





**Prof. SREEDEVI AMMA C**

**Principal**

**Govt. College of Nursing**

**Thiruvananthapuram**

