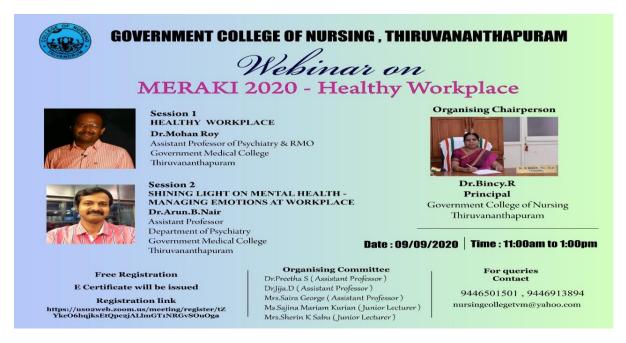# MENTAL HEALTH NURSING DEPARTMENT

Webinar on Meraki (Healthy Work place)

                Healthy work place is vital to ensure quality in any field. A webinar **Meraki (Healthy Work place)** has been organized for the faculty of nursing colleges. Resource persons explained about the need for healthy work place and the steps to be taken for having a healthy work environment. Around 100 delegates attended the session.

Mental Health Day Theme

        Each year World Mental Health day is celebrated in our college focusing on the theme of the concerned year ad declared by World Mental Health Federation. In 2020, a webinar was organized by the department in association with NSS Unit, for the students .Around 100 students attended the webinar on the theme - **Mental Health for All- Greater Investment, Greater Access**.

        In 2018, Mental Health day was celebrated on the theme, **Young people and mental health in a changing world.** Eighty students belonging to GNM and Bsc Nursing attended the session.

World Schizophrenia Day

        Every year, students conduct awareness programmes to the patients with schizophrenia and their care givers on World Mental Health day. BSc Nursing students and Post Basic Bsc Nursing students conducted role play at Mental Health Centre, Peroorkada, depicting the role of caregivers of patients with schizophrenia.

Erwadi Tragedy Commemoration

        Erwadi fire incident occurred on 6 August 2001, when 28 inmates of mental asylum died in the fire. Erwadi Tragedy Commemoration was conducted in association with Department of Psychiatry, Government Medical College. Role play was conducted by BSc nursing students regarding the misconceptions of mental illness and the rights of mentally ill.

Psychoeducation

Psychoeducation is being rendered regularly both in Psychiatry OP and Psychiatry wards of both Government Medical College, Thiruvananthapuram and Mental Health Centre, Peroorkada.

Training programmes for Managers of Institutions under Social Justice Department

Faculty of this college have been actively involved in imparting training for managers in orphanages, psychiatric rehabilitation centers and shelter homes under Social Justice Department. Faculty has also been associated with the preparation of module on psychosocial rehabilitation by Department of Psychiatry, Government Medical College, Thiruvananthapuram for Social Welfare Department.