## **Department of Community Health Nursing**

Community health Nursing is the synthesis of nursing and public health practice applied to promote and protect the health of population. It combines all the basic elements of professional, clinical nursing with public health and community practice. The department of Community Health Nursing at Government College of Nursing, Thiruvananthapuram provides activities related to public health based on State & National health policy. This course is designed for students to appreciate the principles of promotion and maintenance of health in developing expertise and in depth understanding in the field of community health and to practice community health nursing for the individual, family and groups at both urban and rural settings by using concepts and principles of health and community health nursing

# Community Health Nursing Faculty members in Government College of Nursing, Thiruvananthapuram



Dr.Beena M R Associate Professor



Mrs.Anitha Asst .Professor



Mrs. Aseela S Asst.Professor



Dr. Athirarani M R Asst.Professor

#### Webinar

Department of community health nursing organized a webinar on 'Evidence note be Robbed' on07/09/2020. Evidence Based Practice is the integration of best research evidence with clinical expertise & patient values. This **Evidence** should be free from **Bias** The topic Evidenced based practice is taken by Dr. Anish T S , Associate professor , Department of Community Medicine Govt. Medical College , Thiruvananthapuram, and the second topic that is Risk of Bias taken by Dr. Yadav I Associate Professor, Department of surgery , Govt. Medical College , Thiruvananthapuram.



# GOVERNMENT COLLEGE OF NURSING THIRUVANANTHAPURAM

WEBINAR ON

"Evidence not be RoBbed"



Time: 10:00 am

Presidential address Dr. (Prof.) Bincy R

Principal, Govt.College of Nursing, Thiruvananthapuram



Time: 10:10 am-11am

**Topic: Evidence Based Practice** 

Dr. Anish T S MD, DPH

Associate professor, Dep. of Community Medicine Govt. Medical College, Thiruvananthapuram



Time: 11:00 am -12.00pm
Topic: Risk of bias

Dr. Yadav I MS(Gen.Surg.),FMAS

Associate professor, Dep. of Surgery

Govt. Medical College, Thiruvananthapuram,

Click the link to register: https://forms.gle/vU9h4rn9bgZeprEL8

Date & Time: 7th September 2020 at 10:00 am to 12.00 pm

## **Organizing Chairperson**

Dr.(Prof.)Bincy R, Principal

Ph: 9446506060

# **Faculty Co-Ordinators**

Mrs. Aseela. S Asst. Professor ph: 9495240266 Dr. Athirarani, M R Asst. Professor ph: 9446536435

Mrs. Sumayya Beegum AE, Jr. Lecturer
Ms. Rakhi S R Jr. Lecturer



Kerala is the diabetes capital of India with a prevalence of diabetes as high as 20% double the national average of 8%. The control rates of diabetes are even poor, which could lead to an increase in the burden of cardiovascular disease (CVD)—the foremost killer of people with diabetes. Among those with diagnosed diabetes, 17% received no treatment, 15% were on diet alone, and 68% were on medications. In our community the effective prevention of diabetes & its complication is done through giving effective awareness to the people.28<sup>th</sup> batch Msc nursing Community Health Nursing students organized a role play on prevention of complications in diabetic patients on world Diabetes day at Family health centre Pangappara.



# **Children's Day Programme**

28<sup>th</sup> batch Msc nursing community health nursing students have celebrated children's day on November 14<sup>th</sup> in Aganwadi. Childrens in the aganwadi participated in small cultural activities. Health education given to mothers regarding nutritional need, deworming etc..



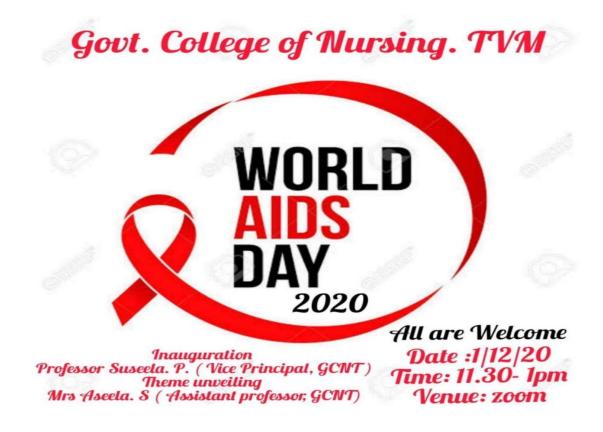
# Corona awareness programme

28<sup>TH</sup> Batch Msc Nursing community health nursing students conducted a health education programme on COVID 19 for people attending kadakampally FHC. Health education is the vital part on prevention of pandemic.



## Panel discussion on world AIDS day

The community health nursing department conducted a panel discussion on world AIDS day through online platform in Govt. college of nursing Trivandrum. The theme for World AIDS Day 2020 is "Global solidarity, shared responsibility," Know about the day and the importance of it here. It was an effective one.



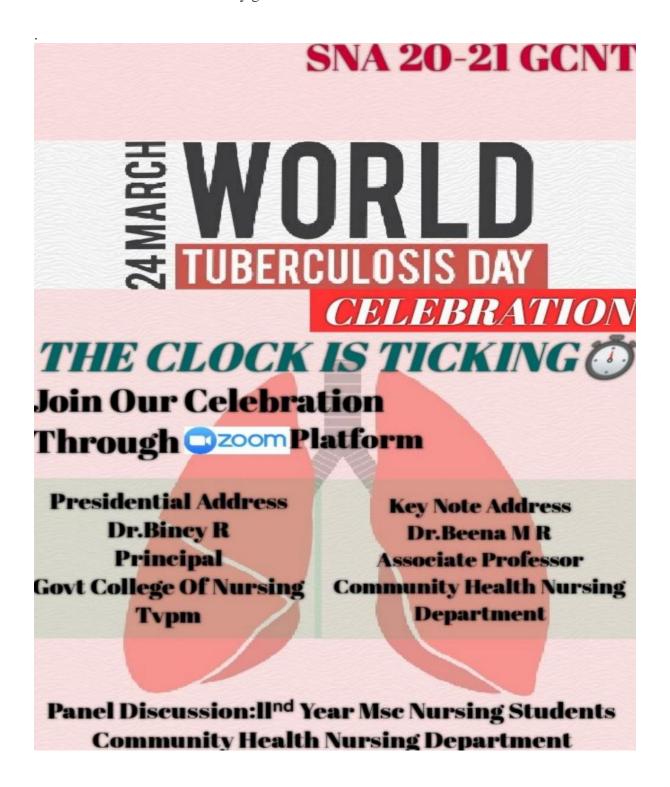
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## Panel discussion on World Tuberculosis day

The community health nursing department conducted a panel discussion on World Tuberculosis day. Each year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic. The date marks the day in 1882 when Dr Robert Koch announced that he had discovered the bacterium that causes TB, which opened the way towards diagnosing and curing this disease. The theme of World TB Day 2021 - 'The

**Clock is Ticking**' –conveys the sense that the world is running out of time to act on the commitments to end TB made by g lobal leaders



We Community health nursing students participate 4 days vaccination campaign at Medical college hospital Thiruvananthapuram .The vaccination campaign focused on second dose of covisheild for the Medical college staffs.



Covid awareness programme in SAT Hospital

 $28^{th}\ Batch\ MSc$  nursing student conducted an awareness programme for break the chain of covid at SAT Hospital .

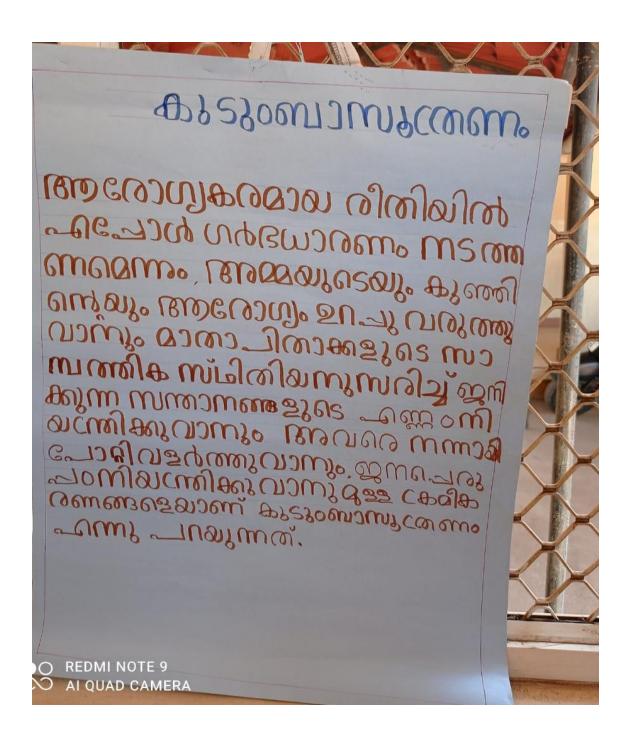
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# **Health Awareness Programme**

10 th batch Post Basic BSc Nursing students conducted a health education on **Family planning** in Family Health Centre, Pangappara











10 th batch Post Basic BSc Nursing students are conducting health eduction on prevention of Breast Cancer in Family Health Centre, Pangappara





# **Health Screening Activity**

A health screening campaign conducted by  $4^{\text{th}}$  year BSc nursing students at Anganwadi ON February 2020.



Community health nursing is essential particularly at this point in time because it maximizes the health status of individuals, families, groups and the community through direct approach with them. Today community participation and involvement is getting a due attention before the occurrence of illnesses as life-style changes to continue to play a significant role in morbidity and mortality. Chronis illnesses, tobacco smoking, road traffic accident (RTA) ...etc, and environmental changes that affect health are steadily becoming the major concerns influencing human health in our country. As nurses of 21st century we have duties and responsibilities to keep a dynamic balance with the ever changing needs of the health of our society. To maintain abreast with this societal needs we professional nurses must understand concepts and models of the community health nursing, the importance of health promotion and disease prevention and health care planning,